1. The Faith Professed

	Doctrine
5.F.1	Explain why the faith is considered a mystery and a free gift from God.
5.F.2	Express the Holy Trinity as one God in three divine Persons.
5.F.3	Name and explore the divine attributes of God.
5.F.4	Recognize that the Trinity is the source of all goodness and all other mysteries of faith.
5.F.5	Describe God the Father as loving creator who made all things good.
5.F.6	Describe God the Son as the loving revelation of the Father and merciful judge at the end of time.
5.F.7	Describe the Holy Spirit as Divine Love and living inside grace-filled souls.
5.F.8	Explain the nature and role of angels.
5.F.9	Use the Apostles Creed to summarize the basic truths of the Catholic Church.
5.F.9a	Define creed and explain the difference between the Apostles Creed and the Nicene Creed.
5.F.10	List and explain the precepts of the Church.
	Scripture
5.F.11	Explain how to show love and respect for the Bible as the Word of God written in human language.
5.F.12	Explain how God reveals himself to us through Sacred Scripture (the Bible) and Sacred Tradition (truths passed from Christ through the apostles and their successors, either verbally or in writing).
5.F.13	Describe how the Bible was written.
5.F.14	Recognize the organization of the Bible and each Testament.
5.F.15	Find and reference Scripture passages by citing book, chapter, and verse.
5.F.16	Order major events of salvation history.
5.F.17	Differentiate between the gospels and other books of the New Testament.
5.F.18	Describe how Jesus fulfills God's covenants of the Old Testament, especially those with Adam and Noah.
5.F.19	Identify the main people, their stories, and the lessons of the Old Testament. Adam & Eve – define covenant, covenant of creation, loss of sanctifying grace, need for a savior Cain & Abel Noah & the Ark Abraham Isaac – typology present in Isaac's sacrifice Jacob

	 Joseph Moses – God's revelation, institution of Passover, Journey in the desert, Ark of the Covenant Joshua & the conquest of Jericho Prophets: Samuel, Elijah, Isaiah, Jeremiah Kings: Saul, David, Solomon Psalms
5.F.20	Identify the main people, their stories, and the lessons of the New Testament. • Key moments in the life of Jesus and Mary • Parables – identify and explain the meaning • Miracles – explain the purpose • Summarize the messages Jesus taught by word and example
5.F.21	Summarize the events of Pentecost and explain the Great Commission.
5.F.22	Identify the Acts of the Apostles as the history of the early Church and outline key events contained in Acts.
5.F.23	Retell the story of the conversion of Paul and some early missionary activity in the Church.

2. Sacraments and Liturgical Life

Sacraments		
5.S.1	Define and name the seven sacraments.	
5.S.2	Explain how the Holy Trinity is revealed through the sacraments.	
5.S.3	Identify places in the Scriptures where Jesus began each of the seven sacraments and shares his divine life through them.	
5.S.4	Recognize that the sacraments can be divided into sacraments of Initiation, Healing, and Vocation/Mission.	
5.S.5	Discuss the meaning and difference between sign and symbol.	
Baptism		
5.S.6	Explain the baptismal covenant.	
5.S.7	Explain what occurs physically during a baptism (the rite) and how the soul is affected (effects).	
Reconciliati	on	
5.S.8	Explain the importance of receiving the sacrament of Reconciliation.	
5.S.9	Explain the role of the priest in Confession.	
5.S.10	Describe how the covenant relationship is restored through the sacrament.	
5.S.11	Conduct an age-appropriate examination of conscience.	

5.S.12	Relate the story of the Prodigal Son to the sacrament of Reconciliation.
5.S.13	Participate in the sacrament of Reconciliation and recognize that regular reception of the sacrament helps one be holy.
Confirmation	
5.S.14	Recognize that Confirmation perfects Baptism and strengthens those who are confirmed to make the road to heaven easier.
5.S.15	Summarize the effects of Confirmation.
5.S.16	List and explain the signs and symbols of Confirmation.
5.S.17	Understand that Confirmation, like Baptism, confers an indelible mark and can be received only once.
Matrimony	
5.S.18	Understand God's design for marriage is that the love between husband and wife is permanent, faithful, open to children, and free.
5.S.19	Explain the covenant nature of marriage.
5.S.20	Relate the Wedding of Cana to the sacrament of Marriage.
5.S.21	Describe the wedding vows and symbols used in the marriage rite.
Holy Orders	
5.S.22	Explain the purpose and levels of Holy Orders.
5.S.23	Summarize the effects of the sacrament of Holy Orders.
5.S.24	Explain why a priest is male and the meaning of "in persona Christi".
5.S.25	Relate the institution of the priesthood to the Last Supper.
5.S.26	Discuss the basics of the rite of ordination.
Anointing of	the Sick
5.S.27	Explain the purpose of the sacrament of the Anointing of the Sick.
5.S.28	Summarize the effects of the Anointing.
5.S.29	Relate some of the healing stories of Jesus to the Sacrament of the Anointing of the Sick.
Sacramenta	ıls
5.S.30	Define and exhibit proper use of sacramentals.
5.S.31	Distinguish between a sacrament and a sacramental.
Liturgical Life	
Liturgical Co	
5.S.32	Identify and participate in the seasons of the Church year.
5.S.33	Explain the meaning and goal of each liturgical season.
5.S.34	Recognize appropriate colors and symbols associated with each season.
5.S.35	Summarize the events of the Easter Triduum.
5.S.36	List and explain the liturgical celebrations of Holy Week.
5.S.37	Define, identify and explain holy days of obligation.
2.S.38	Recognize the significance of various feast days.
Eucharistic L	iturgy

5.S.39	Recognize the privilege of receiving the Eucharist each Sunday and the serious matter when a person intentionally misses Mass on
	Sunday.
5.S.40	Compare the Mass to the Jewish Passover meal.
5.S.41	Understand how Old Testament sacrifices help us understand the
	significance of Jesus' sacrifice on the Cross.
5.S.42	Explain key facets of the Eucharistic liturgy.
5.S.43	Define and explain transubstantiation.
5.S.44	Summarize the steps to be properly prepared for Communion.
5.S.45	Explain the effects of receiving the Eucharist.
5.S.46	Review options for participating in liturgical planning.
Liturgical Ge	estures & Para-Liturgical Celebrations
5.S.47	Demonstrate appropriate participation and behavior in the
	Eucharistic liturgy.
5.S.48	Make visits to the Blessed Sacrament in the Tabernacle.
5.S.49	Distinguish between liturgical and para-liturgical celebrations.
5.S.50	Demonstrate and explain the significance of appropriate liturgical
	gestures.

3.Living in Freedom

5.L.1	Recognize morality as an invitation to freely respond to God's love.
5.L.2	Explain God's individual call for each person regarding holiness and vocation.
5.L.3	Understand and apply moral norms found in the Ten Commandments, the Beatitudes, and Jesus' law of love.
5.L.4	Compare and contrast the Ten Commandments, Beatitudes, and Jesus' law of love with the values of modern society.
5.L.5	Write a personal examination of conscience based on the Ten Commandments and Beatitudes.
5.L.6	List and demonstrate the spiritual and corporal works of mercy, theological virtues, and cardinal virtues to daily living.
5.L.7	List and explain the gifts and fruits of the Holy Spirit.
5.L.8	Define sin and explain how it affects one's relationship with God.
5.L.8a	Review the types of sin and the conditions that must be present.
5.L.8b	Explain what temptation means and how one should handle it.
5.L.8c	Compare and contrast sins of commission and omission.
5.L.8d	Discuss the communal aspects of sin.
5.L.8e	Explore the role of Confession in living a life of virtue and grace.

4. Prayer

5.P.1	Explore the purpose of prayer and various forms of prayer.
5.P.2	Identify major obstacles to prayer and ways to overcome them.
5.P.3	Recognize the role of the Holy Spirit and the saints in one's prayer life.
5.P.4	Explain the meaning of devotion and develop a healthy understanding of how it is demonstrated.
5.P.5	Memorize and pray age-appropriate prayers.
5.P.6	Describe the difference between and the importance of both community and personal prayer.
5.P.7	Practice meditative prayer and other forms of personal prayer.
5.P.8	Participate in Stations of the Cross, May Crowning, the rosary, Adoration, Benediction and other prayer celebrations in the Church.

5. Church: The Body of Christ

5.C.1	Review what makes up the Church and the beliefs and actions that unite her members.	
5.C.2	Recognize denominations which are not in union with Rome.	
5.C.3	Explain how Jesus Christ instituted the Church and continues to reveal himself to the world through Her, under the guidance of the Holy Spirit.	
5.C.4	Explain that the Church in heaven, in purgatory, and on Earth is connected.	
5.C.5	Summarize the important events in the early Church and the role of the Holy Spirit.	
5.C.6	Identify saints who helped build God's kingdom of justice, peace and mercy on Earth.	
5.C.7	Identify and explain the four marks of the Church.	
	Church in Heaven	
5.C.8	Recognize the importance of the saints as witnesses and intercessors and recount the lives of specific saints.	
5.C.9	Differentiate between the love and worship only due to God and the love, respect and trust given to the saints.	
5.C.10	Describe the role of the Blessed Mother and explain her Immaculate Conception.	
	Church in Purgatory	
5.C.11	Explain the purpose of purgatory and the importance of praying for souls in purgatory.	
5.C.12	Explain that purgatory is a preparation for heaven and that each soul in purgatory's final destination is heaven.	

Church on Earth	
5.C.13	Explain the Church's hierarchy and how it manifests God's
	authority.
5.C.14	Identify and explain specific roles in the Church.
5.C.15	Define papal infallibility and identify the conditions for a statement
	to be infallible.
5.C.16	Define magisterium.
5.C.17	Describe how one should tithe and why it is important.

6. Christians in the World

Catholic Social Teaching		
5.W.1	Explain the connection between receiving Jesus in the Eucharist	
	and loving and serving others.	
5.W.2	Discuss and apply the seven themes of Catholic social teaching.	
5.W.3	Recognize the rights and equality of all humans as made in the image of God, regardless of race, sex, economic background or religion.	
5.W.4	Identify ways to model Jesus' law of love by serving the poor, hungry, homeless, and others in need at school, at home, and in the neighborhood.	
5.W.5	Participate in age-appropriate service projects.	
Evangelization		
5.W.6	Explain where the call to evangelize comes from.	
5.W.7	Identify ways to share faith in Jesus with others.	
5.W.8	Recount the missionary activity of Sts. Peter and Paul.	
5.W.9	Describe and apply a missionary spirit.	

7. Theology of the Body

5.T.1	Grow in appreciation of one's unique goodness and value as a human being made in God's image.
5.T.2	Defend the presence of a personal and unrepeatable human being, body and soul, created at the moment of conception.
5.T.3	Explain that each person is created with a body and soul, which together make up the person. Explore powers of body and soul and their interaction (intellect, physical abilities, emotions, etc).
5.T.4	Situate human sexuality in the context of God's plan for love and the complementarity of the masculinity and femininity.
5.T.5	Explain true love and identify appropriate ways to love family and friends.

5.T.6	Define guidelines for discerning modest behavior, speech and dress.
5.T.7	Discuss the need for God's grace and the fruits of the Holy Spirit to use the gift of one's sexuality appropriately.
5.T.8	Identify ways to preserve purity of thought, word and action.
5.T.9	Explain that life is a gift that one is called to freely give in
	appropriate ways.
5.T.10	Engage in age-appropriate activities that show a respect for life.
5.T.11	Explore vocation options and describe how each vocation builds
	up the community.
5.T.12	Describe marital love using the three promises of marriage.
5.T.13	Identify the sexual aspect of love as an expression of commitment
	and a sharing in God's power to create new life.
5.T.14	Identify some orders of consecrated life and the vows of poverty,
	chastity, and obedience taken in those orders.